

Barbara Clark Boston Studio Photos



Constructive Rest Position



On left side – thigh and knee joints flexed

Sixteen photos were taken of Barbara Clark when she began to train as a teacher in Todd's Boston Studio in the late 1920's. Some of the photos include Clark's analysis of the faults in her alignment that were shown.



On right side – thigh and knee joints flexed



On back – thigh and knee joints flexed
“Criticism: The egg shell does not support my feet enough. Upper leg position – good. Lower leg position not so good feet very bad.”

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Crawling Position – Side View
“Too strained a position of upper spine and head. Elbows could bend a little more, which would give an easier look.”

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Sitting Position
“Very bad feet – one shoulder higher than the other.”



Sitting Position – Left thigh deeply flexed
“Left foot could be a little nearer the central line.
Feet bad in this, too.”



Walking Stance
“Both legs should be a little further under the
front of the body. Same criticism on upper
spine and head as in other pictures.”



Standing Side View – Right Leg Flexed
“Left leg is too far to the back. It should be a little more to the front which would support body easier. Upper spine and head not quite erect enough.”



Front View Standing – Left Leg Flexed
“This is really very poor of the legs. Toes should hang instead of turning up. Ankle should be straight instead of rolling in. Of course the real trouble lies in that by my back is not sufficiently strong. Otherwise, I would not do these wrong things. A year from now I’ll do better.”



Crawling Position – Posterior View
“Left knee placed too near right leg. Toes wrong in this too. Feet should act more like hands. Babies and children’s feet do.”



Curl Up Position – Side View
“Feet bad – otherwise good.”



On back – thigh and knee joints flexed
“Feet very bad.”



Walking Stance – Facing Forward



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Sitting Legs Flexed – Facing Forward



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Sitting Legs Flexed – Side View