

Physical Action Record

Name Belle Bourne Date Jan 20

Posturing	Position Legs	Position Feet	Position Arms	Evolution/Ref
on the back	flexed, straight	_____	side ^{over} } head under }	
on the side	knees at 7, X, 1	_____	side ^{over} } head under }	feet in front
on abdomen	flexed, straight	toe in, out	side ^{over} } head under }	under body
" " head raised	flexed, straight	toe in, out	resting on elbow	

Sitting	Position Feet	Position Arms	Position Hands	E - R -
on floor	flexed			
legs straight	toe in, out	hand grasp toe	in lap, on floor	strong beam on drum
" flexed	_____	on, around, knee	on floor	
" crossed	_____	elbow on knee	on knee, lap, floor	
sitting between heels	_____	_____	in lap, on floor	
squatting	right } knee right } knee left } up left } on floor			
sitting in chair (forward on)	whole foot on floor	elbow on table		
(back in)	feet in front chair			
	" " under "			

Standing	Position Abdomen	Position Feet	Position Arms	E . R .
unoccupied	ahead } of feet to rear }	parallel toe in, out		
walking	ahead } of feet to rear }	parallel toe in, out		
jumping	use back muscles well - poorly	legs } rigid relaxed	rigid - relaxed	

P O S T U R E R E C O R D

NAME _____	AGE _____	YEAR _____
	Fall Report	Spring Report
HEIGHT	_____	_____
WEIGHT	_____	_____
BODY BALANCE (Good - Fair)	_____	_____
SHOULDERS (Even - Uneven)	_____	_____
CHEST (Rounded - Flat)	_____	_____
LEGS (Stright - Hyperextended)	_____	_____
ANKLES (Even O Pronated)	_____	_____
FEET (Straight- Everted)	_____	_____
MUSCULATURE DEVELOPMENT (Good - Fair)	_____	_____
ABDOMEN (Normal curve or Protuberant)	_____	_____

REMARKS:

Physical Action Record

name Billie Bourne

Date Jan 20-

Type of action	Position Legs	Position arms	average rate speed	Emotional Response
Rolling	Simplified straight } or turn straight } on back	Both overhead feet 1 side , 1 overhead	Fast Slow ✓	Rigid Relaxed ✓
	Position Head	Position Hands - Feet	average rate speed	E. R.
Crawling <u>hands & knees</u>	{ straight with lock held up drope forward	finger turned } fin out toe turned } fin out	Fast Slow ✓	
<u>hands & feet</u>				
	Holding to rail	alternate feet	one foot - which	
up	yes no	yes no	right left	
climbing stairs down	yes no	yes no	right left	
squat walk				

desire expressed
for which movements
dramatization of
what animal desired

rolling jumping painting
crawling swimming
squat walk skipping
Horse Pig Elephant ~~Rabbit~~
Cow Hen cat
Sheep Duck dog

why
why

POSTURE RECORD

NAME *Pamela Huse*

Date *Oct 30-34*

Fall

Spring

Height *46 ³/₄ in.*

Weight *47 ¹/₂ lbs.*

Body balance and coordination (excellent
(good
(~~fair~~
(poor

Shoulders	even	uneven	
Chest	rounded	flat	depressed
Legs	straight	hyperextended	
Ankles	even	pronated	<i>slight</i>
Feet	straight	everted	<i>slight</i>

musculature development (excellent
(good
(~~fair~~
(poor

abdomen normal curve ~~protuberant~~

Oct. 30-34 should have special posture work.