

In General

all children have lengthened
their axes and move more from
the center of their bodies.

This makes them ^{if possible far} sit and
walk more erectly with better
rhythm and coordination.

There is better relaxation
and less tension on the
part of each of them.

There is more self control to
move well and less movement
of random.

They all show greater strength
in their weak areas.

HIGHEST QUALITY OF NURSING SERVICE . . .

Elig. C. - improvement every way
general bearing - shoulder bal - head
legs straighter - feet parallel -
muscle development better

Patty Ann - great improvement - right hip
slightly higher in fall - no trace in
all ways has improved -

Timothy Rice - not as good balance
or musculature - hyperextension

Bimba - balance here good
pronation -

Osceola - left shoulder sl. higher
everted feet

Curth Wilhams - feet have not carried
body rhythm and musculature not
gained as might have

George Brewer - much improved
in coordination rhythm - feet - movement

Elizabeth Brown - ill - left shoulder
early

Ellen Knowlce - left sh. high - hyperext

balance - musculature - flexibility
feet better

Joe Smith - improved in every way
weight stayed same 37½
height gain 1 in. -

David Abbott - balance excellent -
chest rounded - feet better - muscle better
abd almost level -

Tony Waring - general improvement
in balance and musculature
left foot pronated - rt hyperex.

Barbara Walker - balance not so good
rt ch. lower - rt. hip higher
pronation -

Walter Bovey - great improvement
balance - musculature - feet -
abd level (from very bad)

John Waterman - feet have not corrected
other things about same -
no gain in weight

Lebbie Brown - left school early

Robin Moore - general bearing ex. - muscle
dev. - ex - feet - legs - chest - ex -

Francie Boyd - improved generally
muscle dev. from fair to good -

Paul Bauer - balance improved
general improvement

Nancy Stratton - great improvement
general bearing - muscle impr. -

Robert Murray - improvement balance
pronation no better

Richard Haskell - general improvement
better balance

Mary Pierce - rt shoulder lower - right
hip higher - tendency rt leg stiff
slight pronation

Joseph Walker - balance less good
decided tendency to stiffness of
rt. leg & to throw it outward
rt hip higher - shoulder ?

Brian outward rotation through legs feet
up h. - closed eyes - imagery falling sleep
slowly awake, did well. responds following
directions well. Fully capable of performing
ex. alone and benefitting from them.
Let homework swinging fib. feet parallel - plie - rolling
crawling - tying shoes -
Has deep concentration - tends to gross relaxation.

2.
Brian sitting on chair went right into swinging fib.
Walked with feet straight ahead while
responses to "surges readily". Body
offers no resistance to whatever he imagines.
He is weak up front of legs
Plie with feet parallel TO RENDER THE HIGHEST
and tends to lose his balance in this position.

^{Set} Bowl, 1. No continuity of axis ^(analysis) as a part
This distorts any position. He cannot
support his head-shoulders-or body.

2. Crawling. Cannot. Dragged his body
along the floor instead of using knees.
(Only child in school that traced ^{Cate}
tail from tip to head (reverse of ^{normal} pattern)
An ex. of his bad body imagery

Floor lessons started - imagery given

1. tracing toe axes

2. " thigh " sitting - lying feet on chair

3. bicycling ex.

^{Feb.} 4. Crawling - opposite pattern
Mid year improvement = ^{But} now can let
breath slide down back of center line on ex. 4.
Can center foot

Shows greater coordination in neural
posture and feels the rhythm of music
as he lengthens his axis, his face relaxes.
In doing backward somersault his knees
reached his ears and surprised him. He said
that's enough. Crawled alone. Standing erect
and easy when left.

works very well with imagery in
table lessons & imagery given

1. One by one a rib poked deeper in its socket

2. Foot lines - lower back - back of thighs -
lower legs - feet -

3. circling axis

" eye and ear covers

Course ^{roll} - very mechanical demonstration
of crawling - tends to hold posture rigid

Ref pose. - glut. lines (chocks) relaxed thru ribs.
free in walking - shoulder m. - longer spinal axis
much more flexible in use of
body parts, U. S. ...

Gerald - tense lower legs - feels -
exh. - dark eye - sleep - wake well. Does
exh. well - enjoys ex. - relaxes well. Ample
flexion & leg axes good. Has difficulty
with arms, crawling. In table lesson when
let arm sink into sternal pocket he released
much shoulder tension. Height roof of mouth
circ. ear + eye. gluteal lines achieved relaxation in
back of legs. Was not ticklish on tracing of toe.
good

① Judy needed to slowly learn to breathe deeper and more rhythmically. In doing so it will help her to grasp some idea of how the movement of any part is related to the center of the body as a whole. This coordination of her body is needed to lessen the jerky rhythm she now expresses in movement. Judy is very cooperative in the approach and follows the directions given increasingly well. She is gaining in strength and development of her lower back and deep abdominal areas, which are thereby achieving better ^{coordination and} balance in her body. This in turn is improving her breathing and especially the length of her exhalation which is just taken up in the teaching.

May ^{Judy} thigh and shoulder action is more in alignment with her lower back and pelvic action when she is ^{sitting} standing and walking. She is a little more rhythmic in the group play and pre-dance exercises. In general she functions a little more from a body center. The summer vacation should carry this improvement along further in the outdoor freedom and exercise it offers.

Martha does everything very well.
All runs are easier, straighter and more rhyth-
mical. Crawling follows more of a
pattern.

In speech work B.M. helps, relax tension - better
voice quality - lower pitch.

- Paul - 1. No axial movement -
 slides on his abd. along floor using
 surface muscles in his body along floor
2. Rolling, poor in control of balance
 Rolls too far.
3. Standing, Tenses legs, cannot keep
 in thigh sockets, little pose action.
4. Sitting on heels, not able to do co.
5. Crawling
6. Sitting in chair
- His vigorous movement is ^{done with} ~~in~~ ~~carried~~
 in ~~in~~ ~~which~~

Paul (2) ^{late} breath slide down back of center line - toes
 beginning to lengthen and curl right way. See saw better
 legs lighter - stronger pose action - noted change in
 eye focus. Rolled in one piece today. Crawled forward
 alone. got up on 1 leg alone. Now likes to jump.
 Rotating head of humerus like ball - first only move
 hand -

Paul (3) Cloud ball
 He thought about this and
 his feet repositioned well.
 Toes and heels curled easily. another
 cloud ball in thigh socket
 a friend of the one at the
 foot. Let them play together
 as you move your leg.
 He began to lose some
 of the stiffness in his legs
 lowered each leg well.
 Rolling smoother. Crawling
 without help.



Randy - jerky movements - tense knee
finds it hard to be quiet & relax
Left side of leg weak, often lock.
Exhalation helps her. Helped by pressure
to get leg & ankle action. Likes it.

Randy tense trans. abd.
Feb. surprised at no. ribs - lengthened spinal axis
or deepened at pocket - gluteal line too tracing
greater ease of mm. Cloudball improves her foot
alignment.

Rusty - very energetic - little disorganized
movements at random - military posture -
rotation outward of arms & legs when standing.

Spine has greater length & freedom. rigidity Relaxing

military p. placed support in before taking
^{examining} out well. Does not like locking on. Spent nearly

1/2 hr. examining picture spine and talking about it.
Noticed discs - centers - atlas - axis - sacrum -
bodies - pro - counted rib sockets. Cloudball how big?
Train can run better if C-B - at lower end and don't
[skip tunnel. Fold