

White Janet (B. Mch 19-'24)

(4th child in 7.)

Oct. 26 - 192

Oct. Health - medium size - body well nourished and tanned with color in cheeks gives impression of robust health. Observation shows undue nervous tension evidenced by twitching of hands, feet, head. Is clumsy and awkward lacks coordination and concentration. Slow and not indifferent mentally.

Examination: Inner muscles poorly developed. Outer structures over developed. Abdominal protrusion noticeable and abdominal muscles very lacking in tone. An abnormal desire to stretch legs straight out on table and to put arm over the head. Very tense in extremities. Stiff spine.

History

White, Janet

Progress.

Oct. 1928

- Oct. 26 Simply thrilled with lesson and responded beautifully.
- Nov. One lesson a week this month. Would like them more frequently.
- Dec. Freeing muscles under knees helps marvelously, also getting at little toes and freeing shoulder blades.
- Jan. Much improvement. Mother mentions improvement in vitality. Behaves better in school. Does not twitch as much.
- Feb. Fewer lessons because of illness of teacher, Misses them much that mother has arranged that she have them regularly. Says they help child more, and mean more to her than anything else that is done for her.
- Apr. Steady improvement with the regular lessons. Short over her as an extra each week. Feels her wild, boisterous, manner and becoming sweet with a little idea of grace.
- May ¹⁵ out with tonic pills.

1928-29

White, Janet cont'd

3)
Oct.

Exam. by Dr. Garfield

May

Exam. by Dr. Garfield

May 15

Family doctor - Dr. Jewett - says must have tonsillectomy
It will be done this summer at hospital in No. Adams.